



CSpa Wellness

TREATMENT MENU



massage therapy

Back, Neck & Shoulder Massage	60 min	R540
	45 min	R430
	30 min	R310

This massage helps to relieve tension in the neck, shoulders, upper and lower back.

Signature Aroma Massage	60 min	R540
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Aromatherapy combines the use of pure natural essential oils with healing therapeutic strokes.

Deep Tissue Massage	60 min	R540
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A deep pressure massage to relieve tension and detoxify.

Hot Stone Massage	60 min	R540
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This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.

Pregnancy Massage**	60 min	R540
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Tailored to relieve typical pregnancy discomforts such as lower back ache and poor circulation. Keeping you and your baby's safety in mind, this treatment is only offered to Mom's beyond their first trimester.

CBD Wellness Massage**	60 min	R540
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Begin your therapeutic journey with a drop of CBD (Cannabidiol) tincture under the tongue to encourage a sense of serenity, followed by a relaxing full body massage incorporating CBD oil. This signature treatment is designed to decrease pain and inflammation whilst super-charging the immune system and promoting restorative sleep. THC Free and 100% legal.

Classic Swedish Massage	60 min	R480
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Provides a sense of well being, eases tense muscles and induces relaxation.

Pressure Point Foot Massage	30 min	R310
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Relax and balance the body through stimulation of pressure points situated on the feet.

Indian Head Massage	30 min	R320
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A detoxifying massage treatment of the head, scalp, face, neck and shoulders.

Enhance your massage with the following additions:

Upgrade your 60min Full Body Massage with an extra 30min	R250
Add Hot Stones (Back Only)	R100
Add on Goodleaf CBD Oil**	R110
<i>(may be added to any treatment)</i>	
Back Scrub	R120
Add Bellabaci Cups (Back Only)	R100
Bellabaci Detox/Slimming Concentrate Oil	R150
Bellabaci Deep Relax Oil	R150
Bellabaci Muscle Support Oil	R150
Bellabaci Revive Oil	R150

SLIMMING

Bellabaci Cellulite Cupping Treatment	30 min	R420
	60 min	R550

Re-sculpt your body with the combination of cupping and hands-on massage, performed with a potent formula to detoxify, address cellulite, enhance slimming and to give your body the ultimate deep cleanse. This treatment includes a targeted liposculpting massage.

body treatments

Salt Body Scrub**	30 min	R330
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Hydrating or Detox Wrap**	45 min	R520
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skin care therapy

Thalgo Source Marine Hydra-Strengthening Treatment

60 min R850

Suitable for any skin type, this facial will combat signs of dehydration leaving the skin softer with improved skin texture.

ThalgoMen Express Fortifying Treatment for Men

30 min R480

Revive and energise tired complexions in just 30 mins. Includes a cleanse, marine crystal scrub, energising signature acupressure and an anti-fatigue mask to reveal clearer, cleaner skin.

ThalgoMen Fortifying Facial Treatment

60 min R700

Whether your concern is dehydration, dryness, sensitivity or oiliness, this treatment provides a tailored solution for the male skin. Treatment includes a relaxing massage, leaving the skin revitalised and perfectly balanced.

Thalgo 3 Algae Facial

R580

A facial for oily/combo skin, uses the power of micronised marine algae, to rebalance and remineralise the skin leaving it clearer and purified.

Thalgo Spa Skin Facial

60 min R560

A revitalizing skin treatment for all skin types. Two treatment options (i.e. Hydrating or Purifying)

Thalgo Purité Marine Purifying Treatment

60 min R560

Specifically designed for combination to oily skin, this Purété Marine treatment reduces imperfections, redefines pores and controls shine; with the optional inclusion of extractions.

Thalgo Hydra-Radiance Facial

30 min R390

Unlock the secret to perfect radiance with a treat of sensoriality and effectiveness resulting in skin luminosity.

CSpa Hydrating Facial

60 min R500

This multi-sensory, results driven skin treatment includes a luxurious facial massage and a Hydra-Boosting Aroma serum

CSpa Aroma Facial

30 min R350

CSpa's Aroma Wellness basic facial can be customised to all skin types and concerns.

THALGO EYE EXPERT TREATMENTS

Thalgo Hyalu-Procollagene Wrinkle Correcting Pro Eye Treatment Add On To Facial

R330

MEDI SPA

Thalgo Peeling Marin Treatment**

30 min R890

The 1st Marine Peel, this anti-ageing treatment combines micronised algae with glycolic and gluconic acids to deeply exfoliate and stimulate cell renewal to provide long-lasting results. Ideal for those seeking a "new skin" effect that is visible after one treatment.

OPTIPHI - Available at selected Branches

Optiphi Active Peel

45 min R700

Glycolic Acid 25%, 30% or 30|30 Peel. This peel focuses on Total Skin Rejuvenation for all skin types. Improves cellular activity, resurfaces the skin, improves skin texture and stimulates the Fibroblasts which increase the production of dermal matrix compounds.

Nano Needling Add On

15 min R300

Micro-Needling (Face Only)

75 min R1100

Micro-Needling (Face & Neck)

90 min R1300

Micro-Needling (Face, Neck & Décolleté)

120 min R1600

Micro-Needling treatments include 30min numbing time



nail treatments

MANICURES & PEDICURES

Luxe Pedicure 60 min R400
Includes a soak, scrub, heel work, cuticle work, full foot massage, mask and paint.

Luxe Manicure 60 min R350
Includes a soak, scrub, cuticle work, full hand massage, mask and paint.

Gelish Pedicure 60 min R400
Includes soak, scrub, heel work, cuticle work, Gelish application, foot massage.

Gelish Manicure 60 min R350
Includes soak, scrub, cuticle work, Gelish application, hand massage.

Gelish Dip Acrylic 45 min R350

Nail Care & Gelish 45 min R320

Express Pedicure 30 min R220
Includes a soak, scrub, cuticle work, lotion application and paint.

Express Manicure 30 min R220
Includes a soak, scrub, cuticle work, lotion application and paint.

Revarnish 15 min R190

Gelish Removal 20 min R110

Mens Nail Grooming 20 min R180

Structure Gel Add On R20

ACRYLIC NAIL BAR**

Natural / Colour Overlay R350

French Acrylic Overlay R370

Clear Tips with Overlay R410

Tips: French/Colour R370

Acrylic Fill R250

Nail Art (Stamp / Free Hand) Per Nail** R30

Nail Art (Sticker) Per Nail R4

Nail Repair R65

Artificial Nail Removal R150

Full Set Acrylic Sculpture** R530

Buff and Glaze R160

BIO SCULPTURE/POLYGEL**

Tips with Sculpture Overlay R370
Overlay R335

Gel Fill (Clear / French) R305

Soak Off Gel R150

Nail Fix (Per Nail) R60

ADD ONS

Paraffin Dip on Hands or Feet 15 min R100

Heel Peel Treatment 15 min R100

Nail Re-Inforcement Layer/IBX R100

beauty treatments

WAXING (EACH*)

Lip / Chin / Brow* 15 min R100

Underarms / Sides of Face* 20 min R140

Bikini / Half Arm* 25 min R200

Brazilian 40 min R230

Hollywood 45 min R300

Half Leg / Full Arm/ Half Chest* 30 min R220

Full Leg 45 min R350

Back / Chest* 45 min R360

Full Face 30 min R220

Lip & Brow Wax Combo 15 min R165

THREADING**

Lip / Chin / Brow* R95

Lip + Brow R140

Mono Brow R85

Full Face R210

Brow Thread & Tint Combo R160

Brow Thread, Brow & Lash Tint Combo R210

TINTING

Tint Lash & Brow 30 min R165

Tint Lashes 20 min R110

Tint Brows 15 min R100

LASH LIFT AND BROW LAMINATION**

Lashlift R300

Brow Lamination R300

Add Tint R80

Add Brow Wax / Shape R80



packages

The Escape NEW 2hr 30min R950
60min Thalga Spa Skin Facial
60min Pedicure
30min Back, Neck & Shoulder Massage

Gents Executive NEW 1hr 30min R650
45min Back Massage
30min Express Pedicure
15min Head Massage

Petite Personalised Journey 1hr 30min R690
Choose any three of the treatments below:
• 30min Pressure Point Foot Massage
• 30min Back, Neck & Shoulder Massage
• 30min Indian Head Massage
• 30min Express Manicure
• 30min Express Pedicure
• 30min CSpa Aroma Wellness Facial

CBD Wellness Journey NEW 60 min R690
CBD Infused Tea
30min CBD Back Massage
30min CBD Radiance Facial
Includes 10mg CBD Booster Drink

Spa Taster 60 min R620
30 min Back, Neck & Shoulder Massage
30 min Thalga Hydra-Radiance Facial

teen treatments

Cleansing Facial 30 min R340
Back Massage 20 min R210
3/4 Leg Wax 20 min R200
1/2 Leg Wax 20 min R170
Bikini Wax 20 min R140
Underarm Wax 15 min R100
Mini Lip Wax 10 min R70

cspa kids

(under the age of 12)

Candylicious Nails 30 min R210
Hands and Feet, Shape & Paint

Fruity Fun Mani 20 min R180

Happy Feet Pedi 20 min R180

Kool Kids Massage 20 min R200
Back, Neck & Shoulders, Back of Legs
and Arms

Little Miss Facial | Little Mister Facial 30 min R350

Tween Petite Package 60 min R580

Choose any three of the treatments below:

- 20min Back, Neck & Shoulder Massage
- 20min Booster Facial
- 20min Hand Treatment
- 20min Foot Treatment
- 20min Revarnish Hands and Feet

Children must be accompanied by an adult at all times. An indemnity is required to be signed for each child. Treatments for children under the age of 12.

essentials

- Prices are valid for **2023**.
- Booking in advance is recommended.
- Treatments marked ** are not available at all CSpa Wellness branches, please enquire upon booking.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please alert your therapist for the following contra-indications:
 - High blood pressure or heart conditions
 - Recent surgery
 - Muscle or joint injuries
 - Allergy to iodine, or product allergies
 - Pregnancy, Epilepsy and Diabetes
- In a spirit of mutual respect we kindly request punctuality.
- Ensure cellular/mobile phones are switched off.
- Prices are subject to change without notice.
- It is at your discretion to add a gratuity, for treatment excellence.
- CSpa Wellness is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.

cancellation policies

4 Hours advance notice is required for cancellations and rescheduling. If this is not adhered to, 50% of the treatment fee will be charged.

Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.



branches

Amsterdam

012 942 9563 | amsterdam@camelotwellness.co.za

Amsterdam, Corner Jacaranda & Amsterdam Drive, Olivedale, Johannesburg

The Blyde

010 541 0564 | theblyde@camelotwellness.co.za

Bronkhorstspuit Road, Willow Park Manor, Pretoria

Greenstone Ridge

064 625 5059 | greenstoneridge@camelotwellness.co.za

Greenstone Ridge, Stoneridge Drive Cnr Emerald Boulevard, Greenstone Park, Johannesburg

Kikuyu

010 541 0002 | kikuyu@camelotwellness.co.za

Cnr of Maxwell Drive and Old Pretoria Road, Waterfall, Midrand, Johannesburg

Munyaka

010 541 0578 | munyaka@camelotwellness.co.za

Mia Drive, Waterval City, Midrand, Johannesburg

The Reid

010 541 0840 | reid@camelotwellness.co.za

28 Reid Ave, Linbro Park, Sandton, Johannesburg

Westlake

010 541 0822 | WhatsApp 078 953 5952

westlake@camelotwellness.co.za

Westlake Eco-Estate, Lifestyle Centre, Westfield Road, Modderfontein, Johannesburg

The Whisken

010 541 0596 | whisken@camelotwellness.co.za

Corner of Whisken and Ethel Road, Kyalami

Ballito Hills Lifestyle Estate

010 541 1760 | ballitohills@camelotwellness.co.za

Hills Avenue, Ballito

De Zicht

010 541 0833 | dezicht@camelotwellness.co.za

Sylvia St, Richwood, Cape Town

Fynbos Lifestyle Estate

021 541 0386 | fynbos@camelotwellness.co.za

282 Tryall Road, Milnerton Rural, Cape Town

The Huntsman

021 541 0027 | huntsman@camelotwellness.co.za

Macassar Road, Somerset West, Cape Town

Khoroni Hotel

015 960 1444 | khoroni@camelotwellness.co.za

Khoroni Hotel, Mphephu Street, Thohoyandou

Royal St. Andrews Hotel

046 604 5400 Spa Ext. 5419 | spa@rsah.co.za

19 St. Andrews Road, Port Alfred

head office

For more information, visit our website
www.camelotwellness.co.za

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